

Body Makeover Challenge

***Elite's most effective weight loss
program!***

- February 23 – May 14
- 12-week fat loss program
- 2 scheduled Personal Training sessions per week with a 20% discount
- 2 complimentary group training sessions per week (Tuesday at 7 pm and Friday at 7 am)
- Nutrition program and companion guide included
- Sign up as an individual or group of 2 or 3
- The individual who has the greatest percentage of change in body fat will win 4 FREE Personal Training sessions and a \$50 Elite gift card
- Contact Personal Trainers Gage Livingston or Jenna Asher to sign up 414-351-2900



Investment

Individual: \$88 per week (Save \$22 off normal PT rates)

Team of two: \$64 per week (Save \$16 off normal PT rates)

Team of three: \$56 per week (Save \$14 off normal PT rates)