

PLAY BALL!



Mequon Elite Fitness

Play Ball! **Fridays, 10:15 - 11:00 a.m.** **February 12 - March 19**

Join Vicki, an ACE certified Personal Trainer, for a fun & energetic strength class using a medicine ball as your only tool for a total body workout!

Sign up at the front desk 262-241-4250.

6 week program

\$48.00 member, \$64.00 non-member

eliteclubs.com

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2010 Elite Registration Form

Activity Code _____

Mequon Elite
11616 N. Port Washington Rd.

(262) 241-4250

Waiver: I hereby acknowledge and agree to the limitations, rules and regulations of the Elite Clubs. I hereby for myself and my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the staff of Elite, their respective agents and sponsors, for any and all injuries suffered during my child's participation in this program. Furthermore I will be responsible for any and all damages caused by my child. (Waiver will need to be signed by Parent/Guardian at the club.)

Signature _____

Name _____

Address _____

City _____ State _____ Zip _____

Day phone _____

email _____ @ _____

Class / Dates _____

Total Fee _____

Elite Member? Home Club _____ Non-member Total Payment _____

(Non-members must pre-pay) Payment Type (circle 1) Elite Club Charge Check Charge Card VISA MASTERCARD
Card Number # _____ Exp. _____

