



# Fit Into Your Jeans / Shorts

## **Fit Into Your Jeans / Shorts** w/ Anne & Tammy

**Noon - Mon. & Wed., June 14 - July 21**

Want to look better in those shorts this summer?

Join Anne & Tammy for 12 group training sessions over 6 weeks to help you drop a size.

Your workouts combine cardio intervals, lower body strength training and rock solid core work.

The "biggest loser" will win a \$50 credit for The Next Door in Sendiks Towne Center.

Sign up in Fitness.

6 weeks, 12 sessions, member \$159, non-member \$199

**13825 W. Burleigh Rd., Brookfield**

**Fitness 262-754-3470**

**tammyphillips@eliteclubs.com / annetremel@eliteclubs.com**