

CARDIO ~ Basketball



Tuesdays 11:30 a.m. - 12:10 p.m. Adults 18+
Saturdays 8:00 – 8:40 a.m. Adults 18+
Saturdays 12:00 – 12:40 p.m. Kids 12+

6 Week Sessions

Session I January 12 - February 20

Session II February 23 - April 3

Shoot! Pass! Rebound! And Work Your Defensive Strategy! 40 Minutes focused on a game you love! 40 Minutes packed full of developing all the skills you want and need to improve your game! Focus on improving your speed, agility, vertical, and position specific strengths. If you want to be ahead of the pack with your game you need to join your ELITE Personal Trainers for Cardio Basketball!

6 week session price \$30 Member \$45 Non-Member

2010 Elite Registration Form

Activity Code _____

**600 N. Barker Rd.,
(262)786-3330, FAX (262)797-0730**

Waiver: I hereby acknowledge and agree to the limitations, rules and regulations of the Elite Clubs. I hereby for myself and my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the staff of Elite, their respective agents and sponsors, for any and all injuries suffered during my child's participation in this program. Furthermore I will be responsible for any and all damages caused by my child. (Waiver will need to be signed by Parent/Guardian at the club.)

Signature _____

Child's name _____

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Day phone _____

email _____ @ _____

Class / Dates _____

Total Fee _____

Elite Member? Home Club _____ Non-member Total Payment _____

(Non-members must pre-pay) Payment Type (circle 1) Elite Club Charge Check Charge Card VISA MASTERCARD

Card Number # _____ Exp. _____

